

The Friday Night Connection

Life-enriching presentations at Unity of the Valley

39th & Hilyard in South Eugene

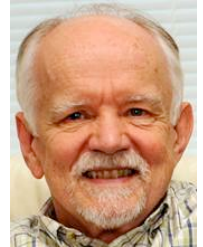
Friday, Sept. 12, 7-9 pm - Tigmonk: *The Practical Application of Spiritual Insight & Wisdom* (Suggested love offering: \$10)

Tigmonk is "a modern-day mystic. His Teachings (Sharing) make it clear that real liberation from suffering and conflict is a journey that begins and ends with our most Sincere Self." Tigmonk will also be signing his book, *Explosion of Love*.



Friday, Sept. 26, 7-9 pm - Todd Peterson: *Your Life's Legacy: Blessing Future Generations* (Free admission)

Every human life is a rich source of stories, lessons learned, and wisdom worth sharing. By creating an Ethical-Spiritual Will, you can pass on your values, beliefs, stories, hopes, dreams and more to future generations. **Todd Peterson** is a writer, teacher, and speaker on life legacies, positive aging, brain health, and end-of-life issues.



Friday, Oct. 10, 7-9 pm - Jerry Gjesvold: *Spirituality and Recovery: Finding a Higher Power through Recovery from Addiction* (Free admission)

Jerry Gjesvold has years of experience with recovery and working with addiction specialists at Serenity Lane, offering hope to those touched by addiction.



Friday, Oct. 24, 7-9 pm - Jane Katra: *Higher Consciousness, Subtle Perception & Healing Energy: Becoming the New Human* (Love offering)

Higher consciousness equates with higher conscience, which is not mere moral ideas, but rather soul vibration, a palpable perception of our energetic selves connected.

Follow-up workshop on Sunday, October 26, 1:00-4:00 pm (\$20). **Jane Katra** is a writer, researcher, speaker, and teacher of esoteric wisdom, psychic and spiritual development, forgiveness as transformation, facing death and meeting the soul.



Friday, November 7, 7-9 pm - Sherrie Frank
10 Steps to Your Authentic Life (Love offering)

Have you ever felt as if you were living someone else's life or felt confused about who you are and what you want? Come for an evening of exploration and fun as we learn steps to an authentic life. **Sherrie Frank** is a teacher, facilitator, and fuse-lighter. A certified NLP Master Practitioner, Coach, and Vice-President of Wings Seminars for the past 10 years, her work is to help people find their purpose and live inspired lives.



Friday, November 21, 7-9 pm - Sally Waters
Charting Your Abundant Future (Love offering)

Sally Waters is a native Eugene resident and former owner of a successful insurance agency, which she sold in 2008 to pursue other interests. She is an NLP Practitioner and Coach. As a long-time student of prosperity principles, Sally is passionately committed to assisting others to experience abundance in their every day lives.



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